

4.

Learning Opportunities

Sport Coaching is a competency based, VET course that allows students to complete the Certificate III in Sport Coaching. This course is delivered in school by school teachers.

It also requires the students to complete a minimum of 35 hours of work placement over the two years. The course contributes 2 units to a Year 11 or Year 12 pattern of study but does not contribute to an ATAR.



5.

Career Opportunities

This course is for students wishing to pursue a career in the sport, recreation, adventure activity or fitness industry.

It will provide you with skills and knowledge to coach novice participants, conduct basic warm-up and cool-down sessions and respond to emergency situations.

This qualification will give you the skills and knowledge to pursue a career as an intermediate Sports Coach at a regional, state or territory level.



Sport Coaching

YEAR 11 & YEAR 12 COURSES



COFFS HARBOUR
SENIOR COLLEGE

1.

Why do Sport Coaching?

Sport Coaching is for students who are interested in pursuing a career in the Sports, Fitness or Recreation Industry.

Successful completion of the course sees the students awarded with the Certificate III in Sport Coaching.



2.

Year 11 Course

In Year 11, students study the following competencies:

- Participate in workplace health and safety.
- Conduct sport, fitness and recreation events.
- Meet participant coaching needs.
- Identify risk and apply risk management procedures.
- Instruct strength and conditioning techniques.

3.

Year 12 Course

In Year 12, students study the following competencies:

- Work in community coaching role.
- Continuously improve coaching skills and knowledge.
- Coach sports participants up to an intermediate level.
- First Aid.

