

# **ANTI-BULLYING PLAN 2024**

# Coffs Harbour Senior College

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

#### Resources

The NSW anti-bullying website (see: <a href="https://antibullying.nsw.gov.au/">https://antibullying.nsw.gov.au/</a>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

### Coffs Harbour Senior College's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

#### 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

#### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1 Week 1	Behaviour code for students in Student Handbook. Expectations for campus people, spaces and equipment
Term 1 Week 6	Combined Student Meeting - Anti-bullying policy reminders, who to speak to and what to do
Term 2 Week 5	Combined Student Meeting - How to be an upstander
Term 4 Week 1	Transition to Year 12 Meeting - how to be a positive role model

### 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning	
Term 1 Week 1	Staff meeting - Code of conduct, Child Protection, Mentor programming	
Term 2 Week 1	Staff Development Day - Training on upstanders	
Term 3 Week 3	Staff meeting - check in with staff regarding student incidences of bullying	
Term 4 Week 1	Staff meeting - reminder of information available for students to share during transition to Year 12	

#### 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

New executive staff receive induction from executive member on school's approaches and strategies

New permanent or temporary staff receive induction from relevant Head Teacher on school's approaches and strategies

New casual staff receive induction from Deputy or Head Teacher Admin

New SAS staff receive induction from Lead Administrator

# 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

#### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan	NSW Anti-bullying website	Behaviour Code for Students
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# 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1 Week 4	School website school Facebook and/or school newsletter - Information on anti-bullying
Term 1 Week 6	P&C: Anti-bullying resources and school supports
Term 2 Week 2	Parent newsletter - What it means to be an upstander
Term 4 Week 1	Parent newsletter - Reminder of anti-bullying supports at school

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

Students are made aware of, and sign a Respect and Responsibility agreement upon enrolment at the College. The 'Who Can I Talk To?' flowchart explicitly outlines available support to inform students and parents.

The mentor program offers regular discussion around the whole well-being of a student and gives them regular opportunities to report bullying behaviour in a safe environment. Guest speakers form part of this program and deliver key information on wellbeing and positive behaviours. The RRISK program encourages personal safety, help-seeking and protective behaviours outlining key strategies to achieve them.

In Year 11, the Connections program, explicitly aims to build positive peer relationships and cultivate respect for each other and their environment. It provides another avenue for students to report incidences of bullying in a safe space.

Wellbeing is taken seriously by teachers and all teachers are trained in discussing such matters with students and recording incidences in Sentral.

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